

Nutritional values: 1 capsule 3 capsules NRV %*

holy thistle extract	250 mg	750 mg	**
holy thistle seed			
powder	150 mg	450 mg	**
vitamin C	100 mg	300 mg	125/375
vitamin B1	0.5 mg	1.5 mg	45/136
vitamin B6	0.5 mg	1.5 mg	36/107
vitamin B2	0.5 mg	1.5 mg	36/107
folic acid	70 µg	210 µg	35/105
vitamin B12	5 µg	15 µg	200/600

*NRV = Reference value
according to EU-LMIV

Recommended intake:
3 capsules daily



Important information: Do not exceed the recommended daily intake of food supplements. They should not be used as a replacement for a balanced and varied diet and healthy lifestyle and must be stored in a cool, dry place away from direct light and out of the reach of young children.

HOLY THISTLE EXTRACT

food supplement
60 capsules

medicura®



Content: 36.5 g

Food supplement with vitamins in a
base of holy thistle extract and holy
thistle seed powder

INGREDIENTS: holy thistle extract (41.01 %), holy thistle seed powder (24.6 %), ascorbic acid (C) (16.4 %), capsule (hydroxypropyl methylcellulose), thiamin mononitrate (B1) (0.10 %), pyridoxine (B6) (0.10 %), riboflavin (B2) (0.08 %), release agent: magnesium salts of fatty acids, pteroylmonoglutamic acid (folic acid), cyanocobalamin (B12)

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www.medicura.com

Mindestens haltbar bis:
siehe Boden oder Deckel